

Scent Clues Follow Your Nose

Materials Needed:

- One lemon
- One orange
- One half onion
- One bunch of fresh rosemary
- One bunch of fresh mint
- One jar of ground cinnamon
- One jar of ground ginger
- One jar of whole cloves
- Coffee beans
- Vanilla beans
- One cut rose



- 1. With the items out of sight from the children, explain that the things they're about to smell are all part of plants they might find growing out on a nature walk.
- 2. Have the children cover their eyes with their hands (no peeking)
- 3. Hold the various items one at a time under each of the children's noses
- 4. Have them guess what the item is
- 5. Have the children open their eyes, as you give the answer
- 6. Possibly give some general information about any of the items that seem to be unfamiliar to the children
- 7. After the last item, have the children stand up and take a slow deep breath to smell the fresh air