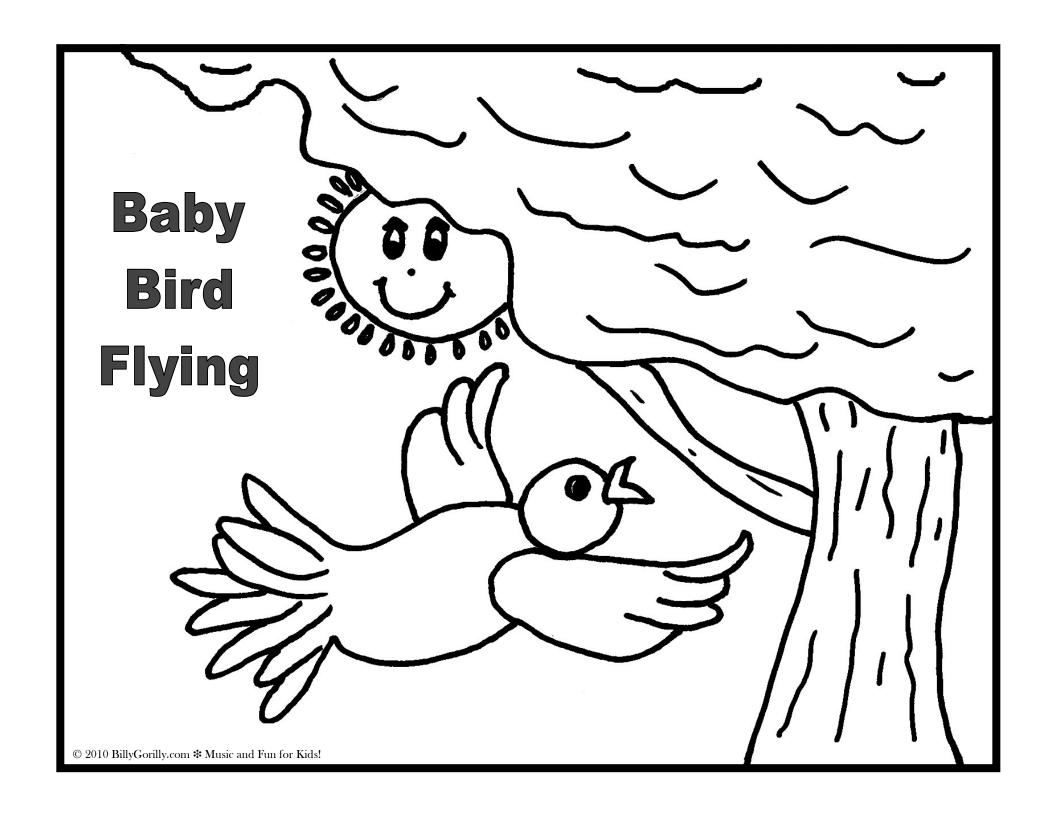
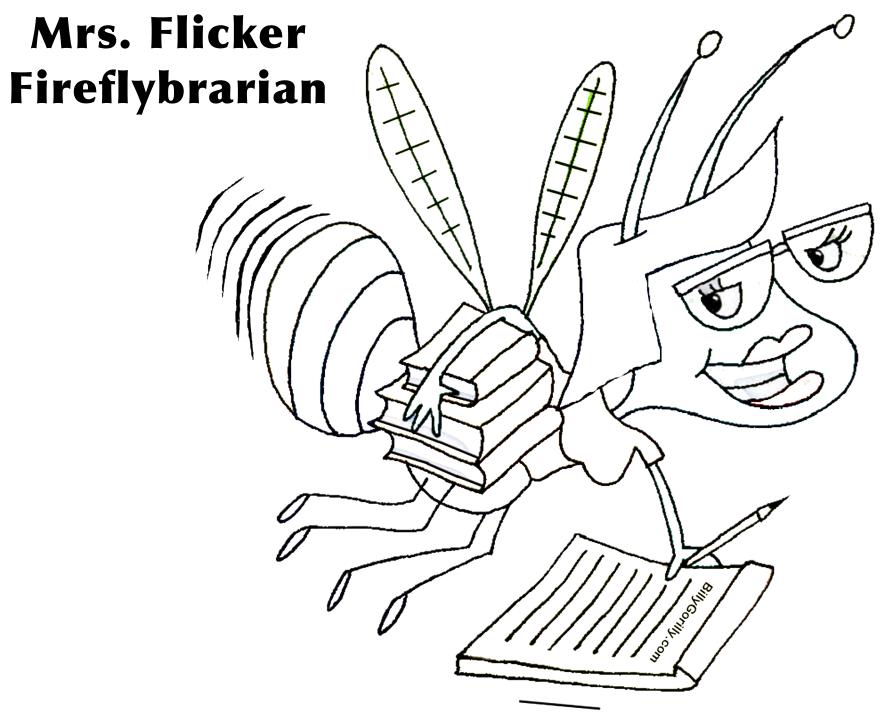


Mushrooms and Flowers









A WALK IN THE WOODS

Song Track: 16

Description: A musical nature walk.

A WALK IN THE WOODS

is a fun lively song performed by the whole

Candy Appletree Family.

Everyone can sing along with this one. All you need to know is "La La La".

Possible Story Time Themes:

- Woodland
- Discovering nature
- Environmental or recycling

After the children **listen to the song** ask them what they might see if they were in the woods.

Lyrics include—Creeks, Golden Mushrooms, Caves, Squirrels, Baby Birds, and Trees

Use the **Scent Clues** as you Follow Your Nose

Materials Needed

- One lemon
- One orange
- One half onion
- One bunch of fresh rosemary
- One bunch of fresh mint
- One jar of whole cloves
- Coffee beans
- Vanilla beans
- One cut rose
- With the items out of sight from the children, explain that the things they're about to smell are all plants they might find growing out on a nature walk
- Have the children cover their eyes with their hands (no peeking)
- Hold the various items one at a time under each of the children's noses
- . Have them guess what the item is
- Have the children open their eyes, as you give the answer
- Possibly give some general information about any of the items that seem to be unfamiliar to the children.
- 7. After the last item, have the children stand up and take a slow deep breath to smell the fresh air.

Let's all do The La La Limbo

Materials Needed

• ½" diameter wooden dowel, 3-4 feet in length (limbo stick)

How To Play La La Limbo

- Choose two of the children to be the "trees" that hold the limbo stick
 - (Typically two of the taller children who are approximately the same height are best for this role)
- Have the rest of the children line up single file, (similar to a conga line)
- Tell the "trees" to hold the limbo stick with an open palm as high as possible
- Play the song "A Walk in the Woods"
 When the music starts, have the line of children go under the stick
- When the last child in line goes under the stick, have the line circle back to go again, with the "trees" holding the stick slightly lower
- Continue all the while the music plays, encouraging the children to sing along with the "La La La's"
- Find out how low they can limbo