



Wendy's favorite

Strawberry Dip

Ingredients:

3 ounces regular or low-fat cream cheese, softened
2 Tablespoons sugar
8 ounces vanilla yogurt
1/2 cup crushed fresh strawberries

Directions:

Blend cream cheese and sugar. Beat in yogurt. Stir in crushed strawberries

Refrigerate until ready to serve.

Serve with fresh strawberries or any freshly sliced fruit, like bananas, apples, pineapple, or grapes.