



Owlton W. Hootley's

“Cool”

Frozen Treats

Frozen yogurt cups

Ingredients:

serves 3

- 1 8-oz. yogurt (choose your favorite flavor)
- 3 3-oz paper cups
- Plastic spoons

Directions:

Line up 3 paper cups

Spoon yogurt into cups

Put into freezer for one hour then insert spoons into cups. Freeze for another hour or two until firm. Take out of freezer and tear away paper cup. Eat like a popsicle. If you prefer you can eat the yogurt from the cup before it is completely frozen solid.